

# ***NT Surflife*** 26 February 2009

*NT Surflife* is for members, friends and supporters of Surf Life Saving Northern Territory. It provides brief information on the latest news and activities on the national and Territory scene. It is not designed to replace club newsletters - the primary source of news from your local club.

## **New items in this edition of NT Surflife...**

Kellogg's Nutri-Grain Ironman Final

Chris Putland elected President of Gove Peninsula SLSC

BRP to the rescue

New Website for Australian Lifeguard Service

Help Build Surf Life Saving South Australia

## **Shannon Eckstein and Naomi Flood crowned at KNG Ironman Series Final**

Shannon Eckstein and Naomi Flood were crowned Series Winners at the Kellogg's Nutri-Grain Ironman Final in front of a large and enthusiastic crowd at Sydney's Coogee Beach. Eckstein outclassed the field and reclaimed his whereas Naomi Flood struggled in the final but did just enough to secure the series and the overall women's crown. Eckstein now holds every major Ironman title – Australian, World, Nutri-Grain series – apart from the long-distance nib Coolangatta Gold, which he did not contest but was won by his brother, Caine. And there was more to celebrate as the Surf Life Saving fraternity and the crowd paid homage to the amazing Dean Mercer - after 21 years he bowed out of professional Ironman racing.



Naomi Flood paddles to a series win in the KNG Ironman series

## **Chris Putland elected President of Gove Peninsula SLSC**

Chris Putland was elected President of the Gove peninsula Surf Life Saving Club last weekend and Alan Cross has taken on the Club Captain role. Chris was quick to recognise the excellent efforts of outgoing President Greg 'Curlie' Whelan who was elected as Vice President and remains on the Committee. Denise Marrable stood down as captain after a remarkable stint in which she coordinated some of the most active sporting years of the club. Alan Cross takes over from Denise and has excellent credentials. Alan is a former NT Surf Lifesaver of the Year and a former NT Ironman Champion.

## **BRP to the Rescue**

BRP Australia, manufacturer of Sea-Doo® personal watercraft and Evinrude Outboard Motors, and Surf Life Saving Australia (SLSA) have announced a long-term partnership, which will see a new generation of rescue equipment on Australia's

beaches. The BRP partnership involves support for the Whereis® Australian Surf Life Saving Championships in 2009 and a new rescue gear program with BRP products available to surf life saving clubs at highly subsidised prices. This includes the Evinrude E-Tec Outboard motors which are more fuel efficient and produce less emissions than conventional motor designs - a great alignment with our commitment to environmentally friendly practices around the Australian coastline.

### **New Website for Australian Lifeguard Service**

The new Australian Lifeguard Service website is now live! Go to: [lifeguards.com.au](http://lifeguards.com.au). The website presents three different stakeholders (public/local councils etc, ALS employees and potential employees) with the information they require in a simple manner while maintaining strong brand presence.

Check out some great news and information and don't miss the brilliant new promotional video in the multimedia section.

### **Help Build Surf Life Saving in South Australia**

Surf Life Saving SA needs your help to build our new headquarters. 10,000 signatures are needed on a funding petition to the State Government by the end of the month so please click on the link below and sign the petition (takes about 10 seconds). [Surf Life Saving SA \(SLSSA\) needs to build a new, much-needed headquarters at Adelaide Shores. Click here to add your name to our petition.](#)

or go to:

<http://www.surfrescue.com.au/surfhq>

### **Presenter, Facilitator and Assessor Training**

Good presenters can captivate people; they gain attention with a confident, enthusiastic approach and facilitate learning to develop competence. This nationally recognised program is aimed at sport and recreation organisations and will give you the ability to deliver effective programs. The dates are Saturday 8<sup>th</sup> March (Presenter and Facilitator) and Sunday 9<sup>th</sup> March (Assessor), 9am – 5pm, both days. These course is only \$10 (plus refundable \$50 deposit) and will be held at the Charles Darwin University, Casuarina Campus, Pirates Clubhouse. Registration is essential - call Sam Gibson 8982 2328.

### **New Coaching Resource**

A DVD pack has been developed highlighting the Australian Championships 1995 to 2000. This DVD pack is a great resource for all coaches wishing to highlight and explain effective competition skills and techniques. The DVD pack is currently on sale from SLSA for \$70.00.

### **IRB Competition gets new coaching DVD**

With the introduction of IRB racing into the Top End Championships two years ago there has been heightened interest and awareness of the skills and thrills of IRB racing. Currently being finalised is an IRB Coaching DVD that will be of great assistance to competitors and coaches. It has excellent explanations of the various IRB racing events and lots of tips about how to pull off the fastest rescues while keeping the driver and crew safe. The DVD will be available for purchase in early April.

### **SLSA Pool Rescue Championships - call for Officials**

The SLSA Australian Pool Rescue Championships will be held 2-3 May 2009 at the Sydney Olympic Park Aquatic Centre. SLSA is calling for officials to nominate for the Championships by 30 March. Information can be found on the SLSA website [www.slsa.asn.au](http://www.slsa.asn.au) in Circular 61 or by contacting SLSNT. Surf Life Saving Australia is regarded as one of the strongest pool rescue teams in the world.

### **2009 SLSA Awards of Excellence**

Going to the Aussies? The 2009 SLSA Awards of Excellence will be conducted at the Rendezvous Observation City at Scarborough in WA on Friday 20<sup>th</sup> of March as part of the Australian Championships program. Tickets are \$85 per head and always sell out. Call SLSNT for more info if you would like to attend and support our Volunteer of the Year, Craig Croke, and Lifesaver of the Year, Bernie Whelan.

### **Got an offshore boat? Get an EPIRB**

On 1 February 2009 the 121.5 Megahertz Distress Beacons became redundant. Distress Beacons, formerly called an EPIRB or Emergency Positioning Indicating Radio Beacon, are part of boat's compulsory safety equipment if operating outside sheltered waters (eg Darwin Harbour) and more than 2 nautical miles from the coast - approximately 3.6 km. The new Distress beacons operate on 406 MHz and are capable of carrying information about you and your boat and will greatly assist the Australian Maritime Safety Authority (AMSA) if you need search and rescue. **If you go offshore boating do not risk your life - switch to a 406 MHz distress beacon now.** Visit the AMSA website for all the latest information [www.amsa.gov.au](http://www.amsa.gov.au)

### **Telstra Offer includes Surf Club Donation**

Connect today to an eligible Next G mobile or Bigpond Broadband service (ADSL or Wireless), mention this offer and Telstra will contribute \$30 to the surf life saving club of your choice! To find out how simply visit [www.answerthecall.co.au](http://www.answerthecall.co.au) or drop in to the Telstra Shop. This excellent fundraising opportunity is backed by World Life Saving Champions and Surf Life Saving star, Zane Holmes who said, "Our surf lifesavers need support to keep our beaches safe. This an easy way to help with much needed resources". You also get an awesome Surf Life Saving Beach Towel, valued at \$39.95 (while stocks last). The offer ends on 26<sup>th</sup> April.

### **2009 Annual General Meeting**

All members are invited to the Annual General Meeting for Surf Life Saving Northern Territory on Saturday 7<sup>th</sup> March 2009. The AGM will commence at 9.00 am and will be held at 'Surf House, 62 Aralia Street, Nightcliff. A circular providing full details of the AGM will be issued from SLSNT next week.

### **Arafura Games 2009**

The Arafura Games are in Darwin Saturday 9<sup>th</sup> May to Sunday 17<sup>th</sup> May. This premiere international event is held every two years and key features of the International Lifesaving program are:

- A fully revised and exciting program of lifesaving events and coaching.
- An Interclub Competition in Open Water and Beach events. Interclub competitors will compete separately to the Arafura Games events but the same rules apply.
- Invitation events - 2 km beach run, 2 km board paddle, 5 km ski paddle (single and double). Also Masters!

### **Things that need to be done now...**

We urgently need officials and a workforce for setup and packup! All officials and volunteers should register during February. See Arafura Games accreditation information below or call SLSNT on (08) 8985 6588 for advice on how you can help.

## ***NT Academyline...***

### **Academy Courses - Trainers Needed**

The Australian Lifesaving Academy NT is under great pressure with lifeguard training and an unprecedented demand from the community for our courses. Our reputation as providers of excellent courses is spreading rapidly and we are struggling to meet the demand. If you are able to be a casual or part-time trainer please contact Julie Snelling on 8985 6588 or email [julie.snelling@lifesavingnt.com.au](mailto:julie.snelling@lifesavingnt.com.au)

### **General Information...**

SLSNT Contact details follow...

Phone: (08) 8985 6588. CEO mobile phone is 041717 3287.

Fax: (08) 8985 4737

Post: PO Box 96, Nightcliff, NT, 0814

Email addresses follow:

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Finance Manager, Leanne Lane: [finance@lifesavingnt.com.au](mailto:finance@lifesavingnt.com.au)

Schools Coordinator, Amy Rudolph: [schools@lifesavingnt.com.au](mailto:schools@lifesavingnt.com.au)

Lifeguard Supervisor: Cameron Griffin: [lgsupervisor@lifesavingnt.com.au](mailto:lgsupervisor@lifesavingnt.com.au)

General/Public Enquiries: [surf@lifesavingnt.com.au](mailto:surf@lifesavingnt.com.au)

### **Key Dates for your Diary**

Thursday 19<sup>th</sup> February: Lifeguard Presentation, 5.30pm at 'Surf House'.

Sunday 22<sup>nd</sup> February: Kelloggs Nutri Grain Ironman Final, 1.00pm on Channel 7.

Saturday 7<sup>th</sup> March 2009: SLSNT Annual General Meeting, 9.00 am at 'Surf House'.

Tuesday 17<sup>th</sup> March to Sunday 22<sup>nd</sup> March 2009: Australian Championships, Scarborough Beach, WA.

Wednesday 18<sup>th</sup> March 2009: Interstate Championships, Scarborough Beach, WA.

**Your news is important** - This is your Territory newsletter! You are welcome to reply to this email and contribute news for the attention of all NT Surf Lifesavers.

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