

# ***NT Surfline*** 21 May 2009

*NT Surfline* is for members, friends and supporters of Surf Life Saving Northern Territory. It provides brief information on the latest news and activities on the national and Territory scene. It is not designed to replace club newsletters - the primary source of news from your local club.

## **New items in this edition of NT Surfline...**

International Lifesaving Action in Arafura Games

Super Surf Camp comes to Darwin in July

40 Volunteers showcase Surf Life Saving at the Arafura Games Opening Ceremony

Surf Lifesavers assist other Arafura Games sports

Surfs Up at the Darwin Wave Lagoon

## **International Lifesaving Action in Arafura Games**

Darwin hosted an action-packed Arafura Games week of coaching and development courses and lifesaving competition following a spectacular opening ceremony on Saturday 9<sup>th</sup> May. 64 talented lifesavers (32 men & 32 women) represented 8 teams from Singapore Development Squad, National University of Singapore, Hong Kong, South Australia, SLISA Indigenous Squad, Junior Barras, Queensland and the Northern Territory and they competed in over 30 events at Casuarina Pool, Darwin Wave Lagoon, Mindil Beach and Casuarina Beach. The competition highlights included some very close finishes in the pool rescue events, swimming through rough surf in the new Wave Lagoon, night-time beach relay races at Mindil Beach on a track marked with glowsticks and exciting board, ski and Oceanman (Ironman) races at beautiful Casuarina Beach.

The NT team won silver medals in the Mens Beach Sprint & Beach Flags (John Brown) and the Board Rescue (Megan Gallagher & John Brown). Bronze medals were won in the Mens Beach Relay, Mens Oceanman Relay and Mens Surf Teams races (John Brown, Dale Frew, Josh Mitchener, Patrick Donohoe) and the Womens Beach Flags (Megan Gallagher).

All competitors, spectators and officials were saddened when outstanding Singapore competitor Gong Ji Yi suffered a collarbone injury in the beach events. Remarkably he was back in action the next day as a timekeeper official, complete with arm in sling. What a wonderful sporting spirit!

Special thanks to our colleagues at Royal Lifesaving NT and Swimming NT for their help with the Pool Rescue events and to referees Peter Connell, Craig Croke and Roz Grey and the 29 accredited officials and workforce who ran the program of events and activities.

At the medal ceremony at the Darwin Surf Life Saving Club on Saturday evening 16<sup>th</sup> May, and at the Closing Ceremony the following evening, it was clear that many new friendships had been forged and many old friendships rekindled. We were delighted that our special guests included His Honour The Administrator of the Northern Territory, Tom Pauling QC AO, the Speaker of the NT Parliament, Hon Jane Aagaard MLA, and the President of Surf Life Saving Australia, Ron Rankin AM. In the final pointscore it was the sensational Junior Barras (854 pts) who took out the Champion Team trophy ahead of a superbly talented Queensland Country team (793 pts) and the competition's big improvers - Hong Kong (695 pts). The NT was 4<sup>th</sup> overall with 609 pts. All results are available on the Arafura Games website at [www.arafuragames.nt.gov.au](http://www.arafuragames.nt.gov.au)

### **Super Surf Camp comes to Darwin in July**

The Darwin Super Surf Camp will be conducted on Thursday 2nd July and Friday 3rd of July from 9am – 3pm each day at the Darwin Surf Life Saving Club on Casuarina Beach. Super Surf Camps are a Junior Surf Sports / Surf Life Saving phenomenon and have been conducted around Australia, NZ & Japan for over a decade. The Camps are for all interested boys & girls, (aged 7 to U/17) and cater for all abilities, from the beginner to the champions and will once again. The Super Surf Camp will be facilitated by SLSA's National High Performance Head Coach, Brett Dowker, and there will be a special guest - none other than 2009 Australian Ironman Champion, Pierce Leonard!!!

The camp is terrific value for money and includes all practical and theory coaching sessions from the best coaches in the business, morning / afternoon teas random draws, give-aways and a whole lot more! The camp culminates in a mini super surf camp carnival as well as a super presentation which sees the youth take home a Certificate of Participation, T-shirt & Cap as well as a copy of the Super Surf Camp Group Photo. Enrolment and payment can be made ON-LINE through [www.supersurfcamps.com/enrol.aspx](http://www.supersurfcamps.com/enrol.aspx) For more information please contact Dana Dowker on 0411 356 062 or email [office@supersurfcamps.com](mailto:office@supersurfcamps.com)

### **40 Volunteers showcase Surf Life Saving at the Arafura Games Opening Ceremony**

As part of celebrating SLSNT's 20<sup>th</sup> anniversary 40 volunteers donned the red and yellow uniform and marched into the TIO Stadium to escort the Arafura Games national and international teams. Thank you to everyone who volunteered and participated on the evening, including our reserves, and especially Tony Tilley who established an SMS network using personal mobile phones to quickly pass on the latest news, dates and deadlines.

### **Surf Lifesavers assist other Arafura Games sports**

A very big thankyou to Bob Creek, Craig Croke, Megan Gallagher and Lee-anne Kelly for providing water safety at dawn at Lake Alexander for the swim leg of the Arafura Games Triathlon on Sunday 10<sup>th</sup> May. Another big thankyou to Ross Peasnell, Tony Snelling, Julie Snelling, Nellie McLean, David Snelling, Rob Bridle and Jim Morgan for heading down to Lake Bennett to provide water safety with Inflatable Rescue Boats and Surf Skis where the Arafura Games Open Water 5 km and 10 km swim events were held. The water safety crew were kept very busy for nearly three hours but a delightful surprise was witnessing Darwin SLSC member Rachael McLean swim an awesome time to win the Womens 10 km event and bring herself to the notice of national swimming selectors.

### **Surfs Up at the Darwin Wave Lagoon**

Surf Life Saving NT is incredibly proud of the awesome job performed by our lifeguards, kiosk staff and volunteers for the opening sessions of the new Darwin Wave Lagoon. The facility has been a huge hit with locals and visitors and is open every day from 10 am to 6 pm. People are also discovering what a tremendous facility the adjacent Recreation Lagoon is for swimming and craft paddling. With filtered seawater flushing through this is a great place to train for open water swimming, triathlons or just for general fitness. It includes a lovely crescent-shaped beach ideal for families. The whole precinct is patrolled by lifeguards trained to Surf Life Saving's exacting standards and most are members of local surf life saving clubs. They'll be easy to spot in their red and yellow uniforms - the national and international standard for all lifeguards.

### **Waterfront Kiosk Staff needed**

If you are 16 years of age and over and are looking for casual work please consider applying for a job at the Darwin Waterfront Kiosk. You will be answering customer enquiries about the Wave Lagoon precinct, selling wristbands for the Wave Lagoon, serving snacks, drinks and icecreams and helping control gate admissions. Good interpersonal skills are essential and experience in customer service or a kiosk/café environment is an advantage. Please email your application and resume to Leanne Lane, Finance Manager, via [finance@lifesavingnt.com.au](mailto:finance@lifesavingnt.com.au)

### **Surf Lifesavers busy on duty and off duty**

Surf lifesavers from the Darwin, Mindil Beach and Gove Peninsula Surf Life Saving Clubs and members of the Search & Rescue Team have had a busy start to the dry season with over 200 people advised to leave the water or wear protective clothing due to the lingering presence of Box Jellyfish. So far 11 people have been treated for stings by off-duty lifesavers at Mindil Beach - all have been relatively minor but the importance of wearing protective clothing should not be underestimated. No member of the public has been stung 'between the flags' while surf lifesavers were on duty.

Treatment for major Box Jellyfish stings is remove the patient from the water, restrain if necessary, call for ambulance and antivenom, DRABCD, flood the affected area with vinegar for at least 30 seconds, perform CPR if necessary. Do not apply compression bandaging but ice packs can be used for temporary pain relief. Further information can be obtained from Director of Lifesaving Jo Gardiner on 0419 039 300.

### **Eckstein to Captain Australian Lifesaving Team for 2009 World Games**

Champion Surf Lifesaver Shannon Eckstein will captain of the Australian Lifesaving Team set to travel to Chinese Taipei in July for the 2009 World Games. The 12 member team also includes Kellogg's Nutri-Grain Ironwoman Naomi Flood, Australian Ironwoman Kristyl Smith, former NSW Ironmen Chris Allum and Nathan Smith and emerging Ironwoman sensation Elizabeth Plummers. Eckstein believes his team will have their work cut out for them if they are to regain the World Games title from arch rivals, New Zealand. The fierce rivalry between Australia and New Zealand should ensure an exciting competition across all events at the World Games and help both teams fight off challenges from some traditionally strong European teams. The World Games will be held in Chinese Taipei 20-26 July 2009 – for more information visit [www.worldgames2009.tw](http://www.worldgames2009.tw).

### **Darwin Surf Club welcomes epic sea kayak paddler**

Freya Hoffmeister is on an epic 'Race Around Australia' in her sea kayak and was greeted at Casuarina Beach this morning by Darwin SLSC President Helen Gould and SLSNT President Bob Creek yesterday after leaving the Gove Peninsula SLSC early last week. NT Surf Lifesavers have a special affinity with this sort of extraordinary sporting feat having paddled their surf skis, along with a number of Australia's elite ironmen and women, from Gove to Darwin five years ago for a major fundraiser.

Freya started in Melbourne and the latest leg of her journey from the Coburg Peninsula and across the Beagle Gulf was not without incident. After a week of rest, recuperation, repairs and provisioning she will commence the Darwin-Broome leg and preparations are underway for Broome SLSC Surf Lifesavers to meet her as she paddles onto Cable Beach! Go to [www.qajaqunderground.com](http://www.qajaqunderground.com) to find out more and read her blog.



### **Telstra Assistance Fund Announced**

The 2009 Telstra Assistance Fund offers local Surf Life Saving, Swimming, AFL and NRL clubs the chance to access a share in \$1 million worth of equipment. Ironman Zane Holmes represented Surf Life Saving at the official launch of the 2009 Telstra Assistance Fund, which this year will offer a total of \$1 million worth of sporting equipment. All NT Surf Life Saving Clubs are strongly encouraged to apply. for the chance to receive financial assistance for their clubs. Information on how to apply online is at [www.telstra.com/beinvolved](http://www.telstra.com/beinvolved). Applications are open from 4 May to 14 June, 2009.

### **Patrol Hours for Championships**

All active members are reminded that they need to have completed 16 patrol hours by 31<sup>st</sup> July to be eligible for the 2009 NT Championships. These hours can include patrol duty last season from 1<sup>st</sup> August 2008. Active Reserve members must have accrued 8 hours. Long Service and Life Members are exempt. For new members, gaining their Surf Rescue Certificate or Bronze Medallion/Certificate II in Public Safety this season, there are concessions and these can be explained by your club's Director of Lifesaving or Club Captain.

# ***NT Academyline...***

## **Academy Courses - Trainers Needed**

The Australian Lifesaving Academy NT is under great pressure with lifeguard training and an unprecedented demand from the community for our courses, including Outdoor Education programs for schools during the dry season. Our reputation as providers of excellent courses is spreading rapidly and we are struggling to meet the demand. If you are able to be a casual or part-time trainer please contact Julie Snelling on 8985 6588 or email [julie.snelling@lifesavingnt.com.au](mailto:julie.snelling@lifesavingnt.com.au)

## **General Information...**

SLSNT contact details follow...

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Schools Coordinator, Amy Rudolph: [schools@lifesavingnt.com.au](mailto:schools@lifesavingnt.com.au)

Lifeguard Supervisor: Cameron Griffin: [lgsupervisor@lifesavingnt.com.au](mailto:lgsupervisor@lifesavingnt.com.au)

General/Public Enquiries: [surf@lifesavingnt.com.au](mailto:surf@lifesavingnt.com.au)

## **Key Dates for your Diary**

Saturday 20th June: Darwin's Classic Fannie Bay Swim, Darwin.

Sat 1<sup>st</sup> August - Sun 2<sup>nd</sup> August: First Aid, Patrol and IRB Championships.

Sat 26<sup>th</sup> Sept & Sun 27<sup>th</sup> Sept: NT Surf Life saving Championships, Nhulunbuy.

**Your news is important - This is your Territory newsletter! You are welcome to reply to this email and contribute news for the attention of all NT Surf Lifesavers.**

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