



Proficiency 2008 Season

ATTENTION	Chief Instructors, Assessors
Date of circular	
Emailed to	Club Secretaries, Chief Instructors
SLSNT Contact	Julie Snelling – Academy Manager

Summary of this circular

This circular provides minimum proficiency test requirements for the 2008 season.

All active lifesavers are required to complete a proficiency test to prove competency in the lifesaving award/s they hold and wish to remain current in. Proficiency tests are necessary to:

- ensure ongoing competency of members in their area of training and activities
- maintain the standards of knowledge and expertise of surf life savers
- satisfy legal and statutory requirements
- reinforce and maintain our service commitment to the bathing and beach going community

A member's proficiency is valid until the 31st June and where stated in the Surf Life Saving Training Manual (or SLSA Bulletins) must be assessed annually.

Proficiencies should only be recorded in Surfguard any time after the 1st July 2008.

A member may be requested at anytime during the season to complete an additional proficiency check by the Club, an Assessor or authorised SLS Official. A member who fails a proficiency check at anytime during the season is deemed to be non-proficient until such time as another proficiency check is completed successfully. Further, this member cannot participate in patrol activities or compete at carnivals until the proficiency check has been completed successfully.

The requirements below detail the **minimum national requirements** as ratified by the National Board of Lifesaving. Additional requirements may be included by the Northern Territory Director of Lifesaving.



Bronze Medallion and Surf Rescue

- Run Swim Run
- Resuscitation (CPR)
- Signals
- Rescue (1 of either Board or Tube)
- Stinger Drag

Run Swim Run

- Be taken from waist deep water, e.g. the run is from a flag, around a marker and to waist deep water, the swim is from waist deep water around two swimming buoys and back to waist deep water
- Course must be around two swimming buoys

Distances

- Surf Rescue Certificate 100m Run / 100m Swim / 100m Run
- Bronze Medallion 200m Run / 200m Swim / 200m Run

Resuscitation

A patient assessment on a live patient and demonstration of lateral position.

CPR, 1 and 2 person (adult or child or infant) on a manikin must include resuscitation using a mask with oxygen supplement.

Other Awards

Resuscitation Certificates

- CPR, 1 and 2 person (adult or child or infant) on a manikin must include Resuscitation methods using a mask.
- A patient assessment on a live patient and demonstration of lateral position.

Awards involving resuscitation are to be assessed annually.

Once proficiency is achieved, resuscitation in other award proficiencies is not required.

Advanced Resuscitation Certificate (ARC)

Award holders must successfully complete a proficiency check, showing their competence in resuscitation techniques, Oxy Viva operation, and the insertion of an Oropharyngeal Airway.

- **Oxy Viva Operation**
Use of air bag resuscitator on conscious/unconscious patient (s), e.g. therapy and resuscitation.
- **Oropharyngeal Airways**
Correct measurement and insertion of an Oropharyngeal Airway (on a manikin where possible).
Candidates must have an understanding of when and why an airway is introduced into resuscitation.

Spinal Management

All Spinal Management holders must have successfully completed the following proficiency checks:

- Demonstrate placing a patient on a spinal board in a surf environment and on land. NB: this may require multiple scenarios to enable each person to demonstrate competence.

“Surf House” 62 Aralia Street Nightcliff NT 0810



- Application of cervical collar on a patient

IRB/ RWC Drivers

The National Board of Lifesaving in its review of proficiency tests has agreed that not all drivers necessarily need to demonstrate skills in a “one off” proficiency test and that many may be seen as proficient via demonstration of competency during the operational activities. Again the Board feels that the proficiency of drivers of craft may be able to be assessed in numerous ways such as through the use of log books and club/service powercraft officer recommendation.

In general IRB/RWC Drivers must successfully complete a proficiency check for Bronze Medallion holders as outlined, and successfully demonstrate their competence in current IRB/RWC driving techniques such as: Knowledge on safety and the SLSA Powercraft Code of Conduct.

Demonstrated ability to apply safe driving practice and the ability including but not limited to:

- parallel running,
- figures eight,
- response to signals,
- negotiation of surf as required.

Other driving skills to be deemed as competent.

- Demonstrate ability to conduct a patient rescue.
- Demonstrate ability to carry out a patient lift, exit, carry, lay and assess.

For RWC operators they must also be able to re-board the craft from deep water.

IRB Crew

IRB crew who completed the in-depth proficiency or obtained the IRB crew award (15yo) over the last two seasons will need to complete the following:

- Questions on safety and the SLSA Powercraft Code of Conduct.
- Demonstrate effective and safe crewing practice and ability including but not limited to:
 - parallel running
 - figures eight
 - response to signals
 - negotiation of surf as required

Other crewing skills that can deem you as being competent:

- Demonstrate patient rescue

Again the Board feels that the proficiency of crew of craft may be able to be assessed in numerous ways such as through the use of log books and club/service powercraft officer recommendation.

Silver Medallion Advanced Emergency Care / Basic Beach Management (Patrol Captains)

No proficiency is required for these awards. Proficiency is required in the prerequisites for the awards to remain current. (E.g. you must remain current in first aid and ARC for the Silver Medallion Life Support). States may deliver proficiency testing, based on changing needs or requirements within their state.

Trainers/Assessors/Facilitators

- Participate in an annual proficiency check or attend an in-service course as required by Surf Life Saving Northern Territory.
- Be endorsed by the Territory Board of Lifesaving.
- Hold the relevant assessor qualification as required by the State.