



Pool Competition 1 Sunday 18 May 2008

ATTENTION Club Captain / Club Director of Competition
SLSNT Director of Competition
SLSNT Competition Officials

Date of circular 8 May 2008

Emailed to Club Captain / Club Director of Competition
SLSNT Director of Competition
SLSNT Competition Officials

SLSNT Contact Tony Snelling on 8985 6588 or 0417 173 287

Summary of this circular

Pool Competition 1 will be held on Sunday 18th May, 2008 at Casuarina Pool, Darwin for teams of four. It will help competitors and officials become familiar with the rules and conduct of selected pool events.

Action required

Clubs - please advise SLSNT of the number of teams participating in this competition by Thursday 15 May 2008.
Officials - Competition Officials are needed. Officials should nominate with SLSNT on or before Thursday 15 May 2008.

Introduction

Surf Life Saving NT, and its affiliated clubs, conduct a variety of sporting competition and events to support the organisation's core objectives of promoting lifesaving skills and providing a healthy lifestyle for our members.

Pool events has been part of the SLSA sports program for many years and this season members and officials will have the opportunity to participate in four pool competitions at the beginning and end of the season - two in Darwin and two in Nhulunbuy.

Pool Competition 1 will be contested in teams of four and will help competitors and officials become familiar with the rules and conduct of selected pool events.

Date & Timing

The first pool competition will be held on Sunday 18th May, Casuarina Pool, Darwin. The timing of this event is:

1.00 pm	Officials briefing
1.30 pm	Registration of teams
2.15 pm	Start of competition
5.00 pm	Presentations



Teams

The pool competition will be contested by teams of 4 competitors. Competitors must wear club bathers and competition caps for all events.

Events

The following events will be contested

1. 50m sprint
2. 50m manikin carry
3. 100m manikin carry with fins
4. Line throw
5. 100m obstacle race
6. 4 x 50m relay (handicap)
7. 4 x 100m board rescue
8. Surfing race (novelty event)

Competitors will be briefed on each event before it commences. Demonstrations will also be provided. Where heats are required the winners will be announced on recorded times.

Competitor Eligibility

Competitors must be registered members of a club affiliated with SLSNT and should hold a current SLSA Surf Rescue Certificate or SLSA Bronze Medallion. Competitors in training for these awards will be permitted to enter provided have successfully competed the pre-requisite swim for their award.

Entries

Competitors should register their intention with their Club Captain / Director of Competition as follows:

Darwin SLSC	Sam Creek	0404 795 519
Gove Peninsula SLSC	Denise Marrable	0423 923 130
Mindil Beach SLSC	Peter Jarvis	0407 014 628

SLSNT requires notice of the number of teams entering this competition on or before **Thursday 15 May** to assist the preparation of competition materials. It is not necessary to advise competitor names as these will be recorded at Registration on the day of competition (1.30pm-2.00pm).

Officials

A minimum of thirteen (13) Officials are required for the competition. Officials should be accredited with SLSA or similar organisation, or should be intending to complete Level 1 Surfcoach accreditation during the 2008 season. Officials making themselves available for this competition are invited to nominate for the following positions:

- Referee (Level 2 Official)
- Deputy Referee
- Marshall
- Announcer
- Starter
- Check Starter
- Recorder (2)
- Judge / Timekeeper (4)
- Safety & First Aid

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Nominations should be submitted by email to surf@lifesavingnt.com.au or by phone to SLSNT on 8985 6588 during business hours. The uniform is white long sleeved shirt with white shorts.

Event Rules

The rules for Events 2-5 are contained in the International Life Saving Competition Manual 2007 Edition. The Manual will be emailed to clubs and is available in pdf format from SLSNT. Officials will receive a hard copy of the relevant parts of the Manual.

Swim Fins

Event 3 '100 Manikin Carry with Fins' allows competitors to use fins. Fins are measured while not worn on the competitors foot and should be no more than 65 cm in length (including shoe/footstrap) and no more than 30 cm in width.

Presentation & Prizes

Competitors and officials are request to be ready for presentations to commence at 5.00pm.

Sun Protection

The SLSA policy 2.1 "Sun Safety" applies to this event. Competitors and officials should use protective sunscreen, clothing and seek shade whenever possible.

Hydration

Competitors and officials should be aware that their activities can result in the loss of 1-2 litres of fluids each hour. Competitors should bring water/fluids for the period of the competition. Drinks may also be purchased from the Casuarina Pool Kiosk.

Further Information

Please call Tony Snelling at SLSNT on 8985 6588 or 0417 173 287