

NT Surflife 3 September 2009

NT Surflife is for members and supporters of Surf Life Saving Northern Territory. It provides brief information on the latest news and activities on the national and Territory scene. It is not intended to replace club newsletters – the primary source of news from your local club.

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Jo Gardiner tackles Coolangatta Gold

For the first time a Top End athlete, the incredible Joanne Gardiner, will tackle the grueling nib Coolangatta Gold, the toughest Ironman and Ironwoman race on the surf sports calendar. Jo plans to have her toes on the start line at Surfers Paradise Beach on Sunday 18 October and face up to this unrelenting test of endurance on the beach and in the surf. She will paddle her ski and board, swim and run over a 30.5km course. This is without doubt an iconic Ironman/Ironwoman race, and Jo has been training hard for many months to make sure she's in the best possible shape for this ultimate physical challenge.

First held in 1984, the Coolangatta Gold was made famous by the movie of the same name that starred surf lifesaving legend Grant Kenny (the real race, in January 1984, was won by Guy Leech). The event was re-established on the surf sports calendar by Surf Life Saving Australia in 2005 and has seen three male winners of the race, Caine Eckstein (05 and 08), Rhys Drury (07) and Zane Holmes (06). History was made last year in the women's division when Hayley Bateup became the first and only athlete to ever win three major Coolangatta Gold titles (05,06,08) - in 2007 Western Australian sensation Alicia Marriott snatched victory. Naming rights sponsor, *nib Health Fund*, are awesome supporters of 'the Gold' and this year it is again expected to draw the best surf sports talent and endurance athletes in the world.

Officials & Helpers needed for NT Champs

Qualified officials, and anyone who can lend a hand over the weekend of the NT Champs on Saturday 26 September and Sunday 27 September at Town Beach, Nhulunbuy are urgently needed. We need around 18 starters, judges, marshals and recorders. Please email SLSNT on surf@lifesavingnt.com.au or call 8985 6588, if you are interested in an enjoyable and rewarding weekend at the beach. Members interested in using this competition opportunity to gain their Level 1 Officials accreditation are invited to register with the Australian Lifesaving Academy NT. Please contact Julie Snelling on 8985 6588 for more information.

Water Safety Week 21-30 September 2009. Get involved!

Water Safety Week is coming up and Surf Life Saving NT is supporting this important aquatic safety initiative which culminates with Splashfest!, a day of aquatic safety fun at the Darwin Wave and Recreation Lagoon. Volunteers are needed for a couple of hours on Sunday 27th September between 1.30pm and 3.30pm for ‘Meet a Lifesaver’ and some rescue board and nipper board activities. Please call SLSNT on 8985 6588 or email surf@lifesavingnt.com.au if you can help. Meanwhile Boof the Barra is on the hunt for some groovy back up dancers to help him perform at the Splashfest! Do you love to sing and dance? Are you creative and enjoy performing? This is your chance to WIN! Visit www.nt.gov.au/watersafety for competition details.

Arnhem Land Surf Clubs prepare for Championships

Members of the Gove Peninsula and Walngawu Djakamirri Surf Life Saving Clubs enjoyed some friendly interclub rivalry last weekend (Aug 30) at Town Beach in Nhulunbuy as part of their preparation for the NT Surf Life Saving Championships on 26-27 September. There is no doubt the Arnhem Land lifesavers are excited about the Championships in Nhulunbuy on Saturday and Sunday, 26-27th September and keen to secure as many medals and trophies as they can. Many thanks to Gove Peninsula SLSC Captain, Alan Cross, for helping organise the day.

Officials needed for Aussie Champs

SLSA is calling for nominations from all currently licenced Surf Sports Officials for the 2010 Whereis[®] Australian Surf Life Saving Championships and Masters Championships to be held at Kurrawa Beach, Gold Coast, Queensland from 16-21 March 2010. The SLSA circular 25/09-10 has all the details and can be found on the SLSA website at: <http://www.slsa.asn.au/default.aspx?s=adminresources&id=813>. Nominations close Friday 2 October 2009.

SLSA Policies – new and updated

All SLSA policies can be found on the SLSA website. Here are some brief notes on new SLSA policies...

3.12 Pain Management Policy - This policy allows SLSNT to implement the use of methoxyflurane commonly known as ‘Penthane’. Due to the strict legislative compliance that is required, SLSNT will advise how this implementation will occur later this year. The introduction of this treatment measure into our frontline is a great enhancement to our public service capability.

1.16 Tsunami Policy - The Tsunami policy outlines the three major elements of a tsunami response plan, which include pre-impact, impact and post-impact. This policy is combined with is a joint educational resource which is available online for all members and the public.

3.7 Defibrillation Policy - This policy has been revised to accommodate the Australian Resuscitation Council (ARC) guidelines regarding Public Access Defibrillation (PAD). Criteria is now in place around the use of Automatic External Defibrillators (AEDs) by non-qualified members or the public and also for clubs or services that wish to make their AED available for public use.

3.11 National First Aid Kit and Room Policy - This policy has recently been endorsed by National Board of Lifesaving to ensure a national standard and consistency is adopted for first aid kits and first aid rooms throughout Australian surf lifesaving clubs and services. NB: These minimum standards currently act as guidelines for clubs and services; however, clubs and services will be required to comply in the 2011/2012 season.

Here are some brief notes on updated SLSA policies...

1.5 Uniform Policy - The updated uniform policy provides guidelines for clubs and services on the national standard, compliance and branding/sponsorship requirements.

1.6 New & Modified Equipment Policy - The process for the trial and approval of all frontline lifesaving equipment has been recently been improved. The updated policy provides clear guidelines and feedback documentation on how lifesaving equipment is to be trialed, assessed and endorsed by Board of Lifesaving.

1.7 Rescue Tube Policy - Additional specifications for flexibility, hardness and weight have been added to the policy. These specifications do not impact current rescue tubes already owned by clubs, but provides further information for manufacturers.

4.1 Outboard Motor Policy - The outboard motors policy has recently been updated to allow for the introduction of new technology fuel injected outboard motors.

Camp Leaders needed for Summer Camp in the USA

Australian Surf Lifesavers make great Camp Leaders in the USA! Camp Leaders Australia is an organisation that has sent over 1000 participants to Summer Camps in the USA and their representative will be in Darwin from Friday next week to do a number of interviews with people who are keen on the program. If you are interested check out www.campleaders.com for more information.

Awesome Thrifty Lifesaver Super League at Nightcliff Beach

There was heaps of surf life saving action at Nightcliff Beach last on Sunday morning (Aug 23rd) when members of the Darwin and Mindil beach clubs competed in the Thrifty Lifesaver Super League competition. The program kicked off with a combined Surf Race followed by Board, Ski, Ironman/Ironwoman and Beach Flags events.

The age group winners were:

U15 Male	Rob Gerlach (Darwin)
U17 Female	Rachel Chalada (Darwin)
U19 Male	Josh Mitchener (Darwin)
U19 Female	Megan Gallagher (Darwin)
Senior Male	Sam Creek (Darwin)
Senior Female	Carney Broadbent (Mindil)
Masters Male	Brian Gallagher (Darwin)
Masters Female	Moirá Wigley (Mindil)

A big thankyou to supporters and officials – Julie Gallagher (gourmet bbq lunch), Bob Creek & Andrew Lucas (IRB crew par excellence) Julie Snelling (Referee), Anne-Marie Widermanski (Starter), Beryl Edwards (Judge/Marshall), Amanda Bagley (Judge/Recorder).

Perkins Shipping major sponsor for NT Champs

Perkins Shipping will be the naming rights sponsor for the SLSNT Senior Surf Life Saving Championships in recognition of their generous freight sponsorship. The company has a long history of occasional support and we are delighted the company has accepted a more formal relationship. Perkins Shipping are the sea lifeline for NE Arnhem Land communities where the Gove Peninsula SLSC and the Walngawu

Djakamirri SLSC are based. Next month the company will transport surfboat and gear trailers essential for the conduct of our Championships.

NEW! 33rd Edition - Public Safety and Aquatic Rescue Training Manual

Formerly known as Bronze Medallion Training Manual, and affectionately known by many as the 'Blue Book', our core training manual has been rebadged as the "Public Safety and Aquatic Rescue Manual" and is available for sale now. If you need manuals urgently simply place an order by sending an email to info@slsa.asn.au requesting the number of manuals you need and your physical delivery address. An online ordering system will be available soon.

Online Entries for NT Champs

SLSNT is pleased to confirm that clubs will have access to SLSA's online entry system for the NT Championships in Nhulunbuy in late September. The online system has completed extensive trials, is free to clubs, and automatically generates the marshalling sheets for officials for use on the beach. Clubs should note that the system actively links to Surfguard so members must be recorded as financial and proficient for their award, including nippers. Further information is available from Julie Snelling at SLSNT on 8985 6588 or email julie.snelling@lifesavingnt.com.au

Helpers needed for School Surf League Carnival in Nhulunbuy (Wed 9th Sept)

Wanted. Any Surf Lifesavers available to patrol for the School Surf League carnival to be held at Town Beach, Nhulunbuy on Wednesday 9th September from 8.30am-approx 2.30pm. Needed are IRB drivers and crew as well as a patrol on the beach and in the water with boards and tubes. Please volunteer even if you can only do part of the day – all help is welcome and appreciated. It's a great day and this year over 200 students will be actively involved from Nhulunbuy High School, Yirrkala CEC and Yirrkala Homelands schools. If you are able to help out, please contact Denise Marrable on 0423 923 130 or email denise.marrable@ntschoools.net

Patrol Hours for Championships

All active members are reminded that they need to have completed 16 patrol hours by 31st July to be eligible for the 2009 NT Championships. These hours can include patrol duty last season from 1st August 2008. Active Reserve members must have accrued 8 hours. Long Service and Life Members are exempt. For new members, gaining their Surf Rescue Certificate or Bronze Medallion/Certificate II in Public Safety this season, there are concessions and these are explained in SLSNT Championships circulars.

General Information...

SLSNT contact details follow...

Phone: (08) 8985 6588. CEO mobile phone is 0417 173 287.

Fax: (08) 8985 4737

Post: PO Box 96, Nightcliff, NT, 0814

Email addresses follow:

CEO, Tony Snelling: tony.snelling@lifesavingnt.com.au

Academy Manager, Julie Snelling: julie.snelling@lifesavingnt.com.au

Finance Manager, Leanne Lane: finance@lifesavingnt.com.au

Schools Coordinator, Amy Rudolph: schools@lifesavingnt.com.au

Lifeguard Supervisor: Cameron Griffin: lgsupervisor@lifesavingnt.com.au

General/Public Enquiries: surf@lifesavingnt.com.au

Key Dates for your Diary

Wednesday 9th September: Schools Surf Carnival, Town Beach, Nhulunbuy.

Sat 26th Sept & Sun 27th Sept: NT Surf Life Saving Championships, Nhulunbuy.

Tue 16 March to Sun 21 March, 2010: Whereis Australian Surf Life Saving Championships, Kurrawa Beach on the Gold Coast.

Have a look at us... www.lifesavingnt.com.au