

NT Surfline

5 November 2009

NT Surfline is for members and supporters of Surf Life Saving Northern Territory. It provides brief information on the latest news and activities on the National and Territory scene. It is not intended to replace club newsletters – the primary source of news from your local club.

NEW ITEMS IN THIS EDITION ...

Pool Comp this Sunday
SAR Team Helicopter Exercise
Movember Lifesaver raises money for Men's Health
National Directors Re-elected
New Beach Safety Website
Beach Management Qualification
National IT Moves Forward

Pool Comp this Sunday (8th Nov)

It's on for young and old!. This Sunday afternoon, 8th November, a pool competition will be held at Casuarina Pool to help members and officials develop their skills and knowledge of pool rescue events. Its mainly a teams event (4 competitors with at least 2 females in each team) and age divisions apply; Junior (11-U14), Senior (U15+), Masters (40+). The following events will be contested...

1. 100m Obstacle Swim (50m for juniors)
2. 4 x 50m Obstacle Relay
3. 100m Manikin Tow for seniors (50m for Juniors)
4. 4 x 50m Medley Relay
5. Line Throw (harder than it looks!)
6. Double Board Rescue
7. Surfing Race (blue ribbon novelty event)

Bring your flippers if you have some!!! Be there by 1.30pm.
Officials are also needed – call SLSNT on 8985 6588 if you can help.

SAR Team Helicopter Exercise

Each year SLSNT is involved in a Rescue Helicopter exercise to allow chopper crews, contracted to the RAAF, to perform winching operations and understand the capabilities of our Surf Rescue craft. This year the exercise will be undertaken on Wednesday afternoon 11 November. Two RWC Operators, an Incident Manager and two patients are needed with both patients needing to be prepared to be winched out of the sea up to the hovering helicopter – it's a great experience but it's also wet, windy and noisy – just ask Carney Broadbent and Denise Marrable!



If you would like to be involved please call SLSNT on 8985 6588 or email surf@lifesavingnt.com.au

Movember Lifesaver raises money for Men's Health

Michael Gough, Patrol Captain and Lifesaver Extraordinaire, is growing a moustache this year for Movember. He has decided to shelve his razor for November to help raise awareness and funds for men's health - specifically prostate cancer and depression in men. Movember is a major fundraising program for men's health and if you would like to sponsor Mike's Mo (aka "The Walrus") you can either:

- Click this link <http://au.movember.com/mospace/5852/> and donate online using your credit card or PayPal account (you can also follow progress during the month via this link).
- Write a cheque payable to Movember Foundation, referencing the Registration Number **5852** and mailing it to: Movember Foundation, PO Box 292, Prahran, VIC, 3181.
- Or call into the Eyewise Optometrists in Darwin and put your spare change in the donation box.

But wait there's more... Eyewise Optometrists will match every dollar that is donated to Mike, effectively doubling your donation, and of course all donations over \$2 are tax deductible.

National Directors Re-elected

At the SLSA AGM the following members were re-elected to the Australian Council...

- Director of Lifesaving: Peter George AM
- Director of Surf Sports: Dave Thompson (Dave was also elected as a Life Member of SLSA!!)

Both are incredibly dedicated volunteers who contribute a great deal to our organisation and have been very supportive of SLSNT and all our activities.

New Beach Safety Website

This new website contains beach and beach safety information for members and the public. For example, if someone is travelling to any of the beaches on our coastline, the beachsafe site will have the relevant beach description, hazard rating, facilities, regulations, patrolling and hazard warning signs relating to the beach. Also provided on this site is a search feature, translations into other languages, fact sheets, tsunami information, rip current information, boating and much more. (see *SLSA Circular 31*. Go to www.beachsafe.org.au and check it out.

Beach Management Qualification

The Australian Lifesaving Academy has developed this qualification for beach managers, such as patrol captains and senior lifeguards, to ensure they have the professional knowledge and skills to:

- Lead their team.
- Manage the risks of the aquatic environment.
- Ensure the safety of team members and the public.
- Liaise with other public safety agencies and media.
- Manage the beach operations and incidents.

The full Beach Management Program is made up of five modules...

- Module 1 – Silver Medallion (Basic Beach Management).
- Module 2 – Beach Team Management.
- Module 3 – Beach Safety and Risk Management.
- Module 4 – Community Relations.
- Module 5 – Beach Operations Management.

With the exception of module 1, which is a pre-requisite to modules 2, 4 and 5 each module can be completed independently of the others. Successful completion of the five modules results in the **Certificate III in Public Safety (Aquatic Search and Rescue)**. Members wishing to register their interest in this award should ring the SLSNT Academy Manager, Julie Snelling, on 8985 6588 or email julie.snelling@lifesavingnt.com.au by 20 November 2009.

National IT Moves Forward

Information Technology (IT) is playing an ever-increasing role within Surf Life Saving, particularly in trying to improve and simplify the involvement of our volunteers. Here's an update of current IT projects relating to you...

- Lifesaving online – www.lifesavingonline.com.au Lifesaving Online is a member self-service portal that allows a user to enter and manage personal details either when they join a club or renew their membership. Once registered, a person can manage their own personal details and, from September 2009, view their own award, roster and patrol hours information. A person must have an up-to-date email address in SurfGuard to register to use Lifesaving Online.
- SLSA Website - www.slsa.com.au – the overall SLSA website will be upgraded over the course of the coming months.

Try Out for the Nutri Grain Ironman Series

Talented athletes are invited to try out for the Kellogg's Nutri-Grain Ironman Series at Tugun in Queensland on the weekend of 5-6 December 2009. For any NT member willing to have a go your flights and accommodation will be covered. Entries close on the 19th of November. All the details are available from SLSNT.

Bronze Medallion course on offer

The Surf Life Saving Bronze Medallion is unique. It's also a Certificate II in Public Safety and includes a lot more than self survival, first aid, resuscitation and simple rescue techniques. It also includes heart defibrillation, oxygen therapy, radio communications and getting to your patient with rescue tubes and boards, even how to guide a rescue helicopter to an emergency evacuation site. The swimming standard is higher than other similar awards but with a bit of effort anyone can do it! This course is delivered through a combination of flexible on-line learning and practical skill sessions. Call Julie Snelling, Academy Manager, on 8985 6588 to register your interest or email julie.snelling@lifesavingnt.com.au

National Coastal Safety Report a must for all serious lifesavers

The SLSA National Coastal Safety Report shows that Australian men are nearly nine times more likely to drown around our coastline than women with young men aged between 30 and 39 most at risk. Among the other key findings, the report found that;

- There was a total of 94 coastal drowning deaths in 2008/09 – this is an increase of six on the previous year and higher than the five year average of 87.
- There were 23,075 rescues, 1,322,212 preventative actions, 69,013 first aid treatments and 87 resuscitations.
- 44% of those who drowned lived less than 10km from the coastline
- 36% drowned within 10km of home.
- There was not a single drowning death recorded for people swimming between the red and yellow flags.

The need for a comprehensive Coastal Safety Report has become obvious in recent years and for the first time the SLSA report features data from local government services which indicates that lifesaving activity around the coastline has been significantly under-reported in the past. A hard copy of the report is available from SLSNT by calling 8985 6588. A pdf format is also available by emailing surf@lifesavingnt.com.au

Tickets Going Fast

Nearly half of the tickets for the SLSNT Annual Presentation Evening have been sold. The SLSNT Annual Presentation Evening on Saturday 14th November at the 'The Coffee Club', a brand new café-restaurant in the glorious Waterfront precinct, will celebrate our 20 years as a peak body for surf life saving in the Top End. The function will be held from 6.30pm with food and a complimentary drink on arrival. Tickets are essential but are limited: Adults \$25 (18 years and over), Youth \$10. Highlights of the evening will include the announcement of our Surf Lifesavers of the Year, Volunteer of the Year and Lifeguard of the Year. We'll also be presenting some Lifesaving Commendations and the first SLSA Bronze Medallions to members of the Walngawu Djakamirri Surf Life Saving Club. Pay online – go to www.slsa.asn.au, click on 'Payment Gateway' and follow the prompts.

Nominations called for Interstate Team

Being a member of the NT Interstate Surf Life Saving Team is a great sporting experience and heaps of fun. For 2010 the Interstate Championship will be held in Sydney as follows...

- 24 January – Pool Rescue events at the Warringah Aquatic Centre.
- 25 January - Surf and Beach events at Freshwater Beach near Manly.

To maximise this sensational sporting experience Interstate Team members are also encouraged to attend.

- 23 January – Westpac Manly Open Carnival, Manly Beach.
- 26 January - Freshwater Australia Day Carnival, Freshwater Beach – an awesome surf and beach experience!

A travel subsidy is offered with all the details and nomination forms in SLSNT Circular 10. A Team Manager, Coach and two competition officials are also required.
Nominations close on Monday 9th November 2009.

Nominations open for Northern Territory Young Achiever Awards

The Northern Territory Young Achiever Awards recognises the achievements of young Territorians, aged between 14-26, in nine categories. It is free to nominate and every nominee will receive a certificate of recognition and could have the chance to win **\$2,000** thanks to TIO. Nominations are now open in the following nine categories.

- The Charles Darwin University Arts Award
- The Perkins Shipping Sports Award
- The Somerville Community Services Award
- The ConocoPhillips Environment Award
- The Northern Territory Government Career Achievement Award
- The Power & Water Science & Engineering Award
- The McArthur River Mining Regional & Rural Initiative Award
- The Northern Territory Government Young Carers Award
- The Minister for Young Territorians Excellence in Youth Leadership Award

You can nominate online at: http://www.awardsaustralia.com.au/YAA_nt.html.

Nominations close Friday 27th November

General Information...

SLSNT contact details follow...

Phone: (08) 8985 6588. CEO mobile phone is 0417 173 287.

Fax: (08) 8985 4737

Post: PO Box 96, Nightcliff, NT, 0814

Email addresses follow:

CEO, Tony Snelling: tony.snelling@lifesavingnt.com.au

Academy Manager, Julie Snelling: julie.snelling@lifesavingnt.com.au

Finance Manager, Leanne Lane: finance@lifesavingnt.com.au

Schools Coordinator, Amy Rudolph: schools@lifesavingnt.com.au

Lifeguard Supervisor: Cameron Griffin: lgsupervisor@lifesavingnt.com.au

General/Public Enquiries: surf@lifesavingnt.com.au

Key Dates for your Diary...

Sat 7th November: Mindil Beach SLSC Senior & Junior Presentation Evening.

Sat 7th November: Gove Peninsula SLSC Junior Presentation Evening.

Sun 8th November: Pool Rescue Competition, 2pm-5pm, Casuarina Pool.

Sat 14 November: SLSNT Annual Presentation Evening, Coffee Club, Waterfront Precinct from 6.30pm.

23 Jan 2010: Westpac Manly Open Surf Carnival.

24 - 25 Jan 2010: Interstate Championships, Warringah Aquatic Centre and Freshwater Beach.

26 Jan 2010: Freshwater Surf Carnivals.

Tue 16 March - Sun 21 March, 2010: Whereis Australian Surf Life Saving Championships, Kurrawa Beach on the Gold Coast.

Your news is important - This is your Territory newsletter! You are welcome to reply to this email and contribute news for the attention of all NT Surf Lifesavers.

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